## Toastmasters Workshop

Presented by: Mary Barry

Sandi Cloutier

George Manoogian

Pat Lima

Where: Daycare room, Middleboro YMCA

**When:** Thursday, January 15<sup>th</sup> 2009

**Time:** 7:00pm to 8:30pm

Overcome nervousness and discomfort you may experience when delivering presentations, making announcements, giving reports or just speaking in general. Become a skilled communicator – in both speaking and listening!

## **What's Great About Toastmasters**

Everyone supports each other. It's not a contest to see who is best. It's an environment to help each other grow in self-confidence and become powerful communicators. Everybody wins!

You don't have to deliver a speech every time. You can practice speaking by serving as timekeeper, grammarian, evaluator, table topics master or toastmaster. All these roles are important to the success of the meeting and prepare you to be an effective and confident speaker.

Something's Missing from our Club –

YOU!

Sign up and come join us to learn the inside scoop on Toastmasters